



1- MOTIVATION

Manaus International Marathon will present throughout its course the history of Amazonas elevated to provincial status and the consequent creation of Manaus, once called "Paris of the Tropics". This title was due to many foreigners living here and who demanded the same European conditions, for the most part French. This French influence also affected the constructions, considering nearly all of the building supplies came from Marseilles/France which added to the Portuguese colonisers' influence - from which comes the "chiado" (sizzled s) in the accent - the English, Italians and Natives influences helped build the entire historical center, where it is the start of the Marathon, a neighbourhood once named San Vicente. The monuments and houses of the time were built with their backs to the Rio Negro because the distinct characteristics was to face the immense forest and observe the animals, birds and trees with a public square in the center. With Amazonas becoming independent, foreigners investing and at the peak of rubber and other spices, Manaus was the first capital of Brazil to have electric power, university and public transportation (electric tram). These improvements were done to meet the European requirements, and the course of the marathon presents at the start the Dom Pedro II Square, where the Municipal Palace and Rio Branco Palace are, continues in the direction of the Porto Flutuante (Floating Port), Prédio da Alfândega (Customs Building) and turns into the Praça and Igreja da Matriz (Square and Church of the Matriz), Relógio Municipal (Municipal Clock), Teatro Amazonas (Amazonas Opera House), Palácio da Justiça (Justiça Palace), following to the Prédio da Escola Estadual (State School Building), Praça and Prédio da Polícia (Square and Police Building) going to the Igreja e Praça dos Remédios (Church and Square of the Remédios), Prédio da Faculdade de Direito (Faculty of Law Building), Mercado Adolpho Lisboa (Adolpho Lisboa Market), Feira Manaus Moderna e Banana (Manaus Moderna and Banana Fairs), orla de Manaus (Manaus' margin) and Praça Jeferson Peres (Jeferson Peres Square) to the Palácio Rio Negro (Palace Rio Negro), Ponte de Ferro (Ferro Bridge) following to Hospital Beneficente (Beneficente Hospital), then the Prédio da Escola Benjamin Constant (Benjamin Constant School Building), Prédio do Instituto de Educação (Education Institute Building), Praça do Congresso (Congresso Square), Praça da Saudade (Saudade Square) and Atlético Rio Negro Clube (Club Atlético Rio Negro), then leaves from the downtown area towards the Praça 14 neighbourhood going through the Our Lady of Fátima Church (it has the dome similar to the Amazon Opera House), then goes through the square-compound of the samba school Vitória Régia and arrives in the São João Batista Cemetery, Reservoir of the Mocó and then follows through the Adrianópolis neighbourhood by Teresina Street and down Paraíba street until the Mindu walk to Darcy Vargas avenue and then Djalma Batista until the Amazon Arena, passing by the Olympic Village, following the Pedro Teixeira Street to Coronel Teixeira avenue (Ponta Negra road) and Turismo avenue, finishing the 42km on the margin of Ponta Negra, a modern area of the city of



Manaus #ComeToTheMarathonInManaus.

September 9 was chosen for being the week that celebrates the holiday of September 5 (Amazonas elevated to the provincial status, tribute of the event) and September 7 because of the the biggest holiday of the year, which reduces the traffic flow at the time of the start of the marathon, offering greater security to the participants and less intervention in the coming and going due to the low flow of cars at that moment, generating no disturbance to the city as a whole.

In order to encourage the evolution of racing, we have created routes so that everyone are able to challenge themselves: 08km course for those who run 05km; 17km course for those who run 10km and 28km for those who run 15 or 21km, which still have the option to progress to 42km.

2 - MEDICAL GUIDELINES

Runner's safety is a fundamental concern in all of the To Goal Sports running races, working closely with the rules, requirements and private health and public emergency teams to ensure from the beginning to the end of the race and throughout its course health, well-being and emergency care for the medical needs of all runners, spectators, volunteers and employees.

We also recommend that all participants follow simple precautions for a pleasant and enjoyable experience during the event:

- Respect the distance: only join in the course if you are properly trained and physically prepared to complete the total distance;
- Respect your health: consider consulting your doctor when planning to attend one of our events;
- Respect your body: If you are injured, or you experience symptoms of fever, weakness, diarrhoea or vomiting before the event and that may prevent you from being physically prepared to run the chosen distance, we recommend that you consider not attending the event;
- Respect your routine: Don't make major changes in training and hydration in the days leading up to the race. On the day of the run, a simple rule is to "drink your thirst" in other words, don't drink above what you need and choose water and sports drinks to stay hydrated and maintain sodium levels, and lastly, don't use brand new trainers/sneakers/training shoes for the first or second time on the day of race;



- Respect the weather: stay tuned for the weather forecast and adapt to the weather conditions, and in Manaus, due to humidity and heat, use sunscreen and prefer lightweight clothing and the shirt provided by the event, ideal for the event;
- If you feel anything unusual, please contact our medical team at the start of the marathon, along the course or at the arrival, review the route map and check the places of care and medical stations. Every medical post has water, isotonic, toilets, medical facilities and access to transportation vehicles in case of someone not being able to complete the race.

3- REGULATION

CHAPTER I - MANAUS CITY INTERNATIONAL MARATHON

1 - The International Marathon of the City of Manaus, hereafter Marathon, will be held on Sunday, September 9, 2018.

2 - The start of the marathon will take place in the portico located at the intersection of 07 de Setembro avenue and Luiz Antony street in front of the Dom Pedro II square, Paço Municipal area, under any climatic condition, complying the following sequence:

2.1 - Athletes enrolled in the marathon, 42km course:

- at 04h:28min for male and female wheelchair users;
- at 04h:30min for Women's Elite and Disabled athletes for men and women;
- at 04h:50min for Men's Elite and General Public Kit VIP for men and women;
- at 04h:55min for the General Public, male and female.

2.2 - Athletes enrolled in the 28km course:

- at 5h:00min for male and female wheelchair users;
- at 5h:02min for Women's Elite and Disabled athletes for men and women;
- at 5h:04min for Men's Elite and General Public Kit VIP male and female;
- at 5h:06min for the General Public.

2.3 - Athletes enrolled in the 08km and 17km courses:



- at 5h:10min for wheelchair users;
- at 5h:12min for the General Public.

2.4 - The schedule described above may vary in up to 5 minutes, according to the number of participants and organisation of the start of the marathon, as well as other external factors.

3 - The race will be competed over distances of 42,195 km, that is 42k, 28,080km, that is 28k, 17,203km, that is 17k and 08,106km, that is 08k in the following categories:

3.1 - MARATHON - 42k COURSE

I- ELITE MALE AND FEMALE- There are no subdivisions;

II- MALE GENERAL PUBLIC subdivides according to age group as of 31/12/2018:

- General Public from 20 to 24 years old;
- General Public from 25 to 29 years old;
- General Public from 30 to 34 years old;
- General Public from 35 to 39 years old;
- General Public from 40 to 44 years old;
- General Public from 45 to 49 years old;
- General Public from 50 to 54 years old;
- General Public from 55 to 59 years old;
- General Public from 60 to 64 years old;
- General Public from 65 to 69 years old;
- General Public of 70 years old or more.

III- FEMALE GENERAL PUBLIC subdivides according to age group as of 31/12/2018:

- General Public from 20 to 24 years old;
- General Public from 25 to 29 years old;



- General Public from 30 to 34 years old;
- General Public from 35 to 39 years old;
- General Public from 40 to 44 years old;
- General Public from 45 to 49 years old;
- General Public from 50 to 54 years old;
- General Public from 55 to 59 years old;
- General Public 60 or more.

IV- FEMALE AND MALE WHEELCHAIR USERS - There are no subdivisions;

V- FEMALE AND MALE DISABLED ATHLETES – Disabled athletes - There are no subdivisions.

3.2 - 28k COURSE

I- ELITE MALE AND FEMALE - There are no subdivisions;

II- FEMALE AND MALE GENERAL PUBLIC subdivide according to age group as of 31/12/2018:

- General Public from 18 to 34 years old;
- General Public from 35 to 49 years old;
- General Public from 50 to 59 years old;
- General Public from 60 years old and so on.

III- FEMALE AND MALE WHEELCHAIR USERS - There are no subdivisions;

3.3 - 17k ROUTE

I- FEMALE AND MALE GENERAL PUBLIC subdivide according to age group as of 31/12/2018:

- General public from 18 to 34 years old;



- General Public from 35 to 49 years old;
- General Public from 50 to 59 years old;
- General Public of 60 years old and so on.

II- FEMALE AND MALE WHEELCHAIR USERS - There are no subdivisions;

3.4 - 8k COURSE

I- FEMALE AND MALE GENERAL PUBLIC subdivide according to age group as of 31/12/2018:

- General Public aged from 16 to 34 years old;
- General Public from 35 to 49 years old;
- General Public from 50 to 59 years old;
- General Public of 60 years old and so on.

II - MALE AND FEMALE WHEELCHAIR USERS WITH GUIDE - There are no subdivisions.

4. - The duration of the event will be according to each course and will have the limit of:

4.1 - For the marathon, course of 42k: 6h:00min (six hours) from the start time with cutoff points in the km 7 at 05h:55min (official time of Manaus and/or 1h:00min of the race), in the km 17 at 07h:15min (the official time of Manaus and/or 2h:20min of the race) and in the km 28 at 08h:55min (official time of Manaus and/or 4h:00min of the race) with the possibility of cutoff points in other parts of the course considering the same pace limit (pace chart of 8:32 min/km). If the athlete exceeds this time in places of high flow of vehicles because of the evolution of the schedule and it threatens the security, they will be invited to withdraw from the race and will be disqualified.

4.2- For the course of 28k: 3h:50min (three hours and fifty minutes) from the start time with cutoff points in km 7 at 05h:55min (official time of Manaus and/or 0h:49min of the race), in the km 17 at 07h:15min (official time of Manaus and/or 2h:09min of the race) with the possibility of cutoff points in other parts of the course considering the same pace limit (pace chart of 8:13 min/km). If the athlete exceeds this time in places of high flow of vehicles because of the evolution of the schedule and it threatens the security, they will be invited to withdraw from the race and will be disqualified.



4.3 - For the course 17k: 2h:18min (two hours and eighteen minutes) from the start time with cutoff points in km 7 at 05h:55min (official time of Manaus and/or 0h:43min of the race), with the possibility of cutoff points in other parts of the course considering the same pace limit (pace chart of 8:07 min/km). If the athlete exceeds this time in places of high flow of vehicles because of the evolution of the schedule and it threatens the security, they will be invited to withdraw from the race and will be disqualified.

4.4 - For the course 8k: 1h:20min (one hour and twenty minutes) with the possibility of cutoff points in other parts of the course considering the same pace limit (pace chart of 10:00 min/km). If the athlete exceeds this time in places of high flow of vehicles because of the evolution of the schedule and it threatens the security, they will be invited to withdraw from the race and will be disqualified.

4.5 - The finish line area will have its equipment and services deactivated after the above hours.

4.6 The organisation will not be responsible for any type of service or support to the athlete who is outside the scheduled time anywhere in the course, the athlete will be invited to withdraw and will be disqualified.

4.7 - In case of variation in the designated schedule for the starts of the race, for any reason, the time will be added to the determined timetable as cut-off point.

4.8 - The support transportation service for athletes who have given up or who have not passed the cutoff points will follow the course until the finish line and will not return to pick up the athlete who refused to get on at the specific time of their call by the organisation. The organisation at the time of refusal of the athlete will discontinue to have any responsibility for the services and support to the athlete, including regarding safety.

5- The Manaus International Marathon and the Expo Amazonas Running are planned, accomplished and organised by the company TO GOAL SPORTS VENTURES GESTÃO ESPORTIVA EIRELI, that through its contributors will have competence to solve any problem or to answer any possible question during the course of the race. The regulation complies with the standards for street races of the Brazilian Athletics Confederation - CBA and guideline 240 of the International Association of Athletics Federations - IAAF.

CHAPTER II - REGISTRATION

6 - Athletes who enrol in 01 (one) of the courses available, make the payment of the amount corresponding to the registration within the specified period of time, agree to the rules of this



regulation and accept the term of responsibility - an integral part of this regulation - and choose its category will be able to participate in this run.

6.1 - Choose your category:

6.1.1- Elite - this category is for an athlete who has a minimum time course in official events, according to criteria defined by the Organisation and will participate in the competition in the special platoon at the start of the marathon;

6.1.2 - ACDs - Athletes with Disabilities:

Visual impairment: This category includes athletes with total or partial absence of vision and who may be accompanied by a guide (OBS: The guide does not compete); Lower limb amputation: This category includes athletes with severe difficulty in walking or running, who wear prostheses or other supports; Intellectual Disability; Hearing impairment; Les Autres category: all other categories of athletes with disabilities are included here only for the course of 42k, other courses will be included as general public in the age group.

6.1.2.3 - Wheelchair users - people with physical disabilities who require the use of a sports wheelchair (only with a 3-wheelchair) or for competitions, not being permitted the use of wheelchairs of social use (daily use), motorised, hand-cycles or third-party assistance. The use of helmets is mandatory and it is only allowed registration in the courses of 17k, 28k and 42k.

6.1.2.4 - Wheelchair users with guide - The athlete that uses a wheelchair with 03 wheels (type non-motorised tricycle) equipped with brakes and that only moves around with assistance of a guide to push it is only allowed to register in the 8k course.

6.1.3 - The Technical Direction of the event holds the right to include in the elite platoon athletes that were specially invited that might not fit in any of the items described above.

6.2 - The athlete who wishes to participate in the Elite category on the 42k and 28k courses, must register on the event website, choose the Elite category registration form of the course chosen, confirm the payment and then forward it to the e-mail maratonademanas@togoal.com.br with the subject CATEGORY ELITE 42K or CATEGORY ELITE 28K and inform in the body of the email their names, confirmation code of the registration in the event and in which test they fit the criteria of the performance necessary to be part of the category according to the indexes or minimum time, in the last 12 months, with the following times, in a reference form, in official competitions (IAAF, AIMS, CBA, and REGIONAL FEDERATIONS) of:



- Marathon: 2h:35min for male and 2h:58min for female
- Half Marathon: 1h:16min for male and 1h:29min for female
- 18k: 1h:02min for male and 1h:14min for female
- 15k: 0h:56min for male and 1:04min for female
- 10k: 0h:35min for male and 0h:42min for female
- Or be an athlete officially nominated by the Athletic State Federation or Confederation of their country;
- If the athlete does not meet the above indexes and still feels able to perform as Elite they should send their curriculum for evaluation, requesting analysis, being aware that the priority of the vacancies is for those who have reached the above indexes;
- Curriculums must be forwarded up to 15 days prior to the event date and the organisation has no obligation to evaluate after this deadline.

6.3 - The athlete can only register in a single course, if they choose to change it, they should get in touch with the organisation via email maratonademanaus@togoal.com.br with the subject CHANGE COURSE requesting the change and making a new payment or using the credit for the new choice according with the current price (which might have updated/changed), and in the case of the new choice being for a lower price, there will be NO refund of the difference due to the operational cost of the exchange and materials already used previously.

6.4 - The athlete who does not request a change of course and register in more than one option will be automatically disqualified, without refund of the value of the registrations.

7 - Entries should only be made through the Internet, at the website www.sympla.com.br/maratonademanaus2018.

7.1 - There are 03 options to choose for the athlete kits: Simple Kit, Traditional Kit and VIP Kit for each of the courses.

7.1.1 - For the Marathon, 42k course:

7.1.1.1 - Promotional price of launch until 31/03/2018 or until the number of spots of each kit is sold out:



- Simple Kit: R \$ 100,00 with 300 spots
- Traditional Kit: R \$ 160,00 with 500 spots
- Vip Kit: R \$ 230,00 with 100 spots

7.1.1.2 - Simple Kit: contains a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$150.00 (one hundred and fifty reais) and will be available with a discount for those who register early and will cost R\$100.00 (one hundred reais) until March 31st, 2018 or 300 spots, R\$115.00 (one hundred and fifteen reais) from April 1st to May 31, 2018 or more than 300 spots, R\$130.00 (one hundred and thirty reais) from June 1st, 2018 to 31 July, 2018 or more 300 spots and R\$150.00 (one hundred and fifty reais) from August 1st until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.1.3 - Traditional Kit: contains Mantle's traditional shirt made of Fastrun fabric, a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$250.00 (two hundred and fifty reais) and will be available with a discount for those who register in advance and will cost R\$160.00 (one hundred and sixty reais) until March 31st, 2018 or 500 spots, R\$195.00 (one hundred and ninety-five reais) from April 1st to May 31st, 2018 or more than 500 spots, R\$230.00 (two hundred and thirty reais) from June 1st to July 31st, 2018 and R\$250.00 (two hundred and fifty reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.1.4 - VIP Kit: contains Mantle's traditional shirt made of Fastrun fabric, a casual shirt made by Mantle in Techrun Pró Mescla fabric, clip button with a runner's number (dorsal), access to the VIP area with fruit, exclusive restroom and photos with elite athletes, start of the race with the male elite athletes, exclusive transportation from the finish line until the start of the run (following the rules according to item 37), access to VIP area on arrival with exclusive restroom, fruits, physiotherapy services, a runner's number (dorsal), chip, personalised plastic bag, gifts from sponsors (if any) and medal for those who complete the event. The official price of the registration is R\$380,00 (three hundred and eighty reais) and will be available with a discount for those who register in advance and will cost R\$230,00 (two hundred and thirty reais) until March 31st, 2018 or 100 spots, R\$ 280.00 (two hundred and eighty reais) from April 1st to May 31st, 2018, R\$335.00 (three hundred and thirty-five reais) from June 1st to July 31st, 2018 or more than 100 spots and R\$ 380,00 (three hundred and eighty reais) from



August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.2 - For the 28k course:

7.1.2.1 - Promotional price of launch until 31/03/2018 or until the number of spots of each kit is sold out:

- Simple Kit: R\$80,00 with 300 spots
- Traditional Kit: R\$140,00 with 500 spots
- Vip Kit: R\$200,00 with 100 spots

7.1.2.2 - Simple Kit: contains a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$112.00 (one hundred and twelve reais) and will be available with a discount for those who register early and will cost R\$80,00 (eighty reais) until March 31st, 2018 or 300 spots, R\$95.00 (ninety-five reais) from April 1st to May 31st, 2018 or more than 300 spots, R\$105.00 (one hundred and five reais) from June 1st, 2018 until July 31st or more 300 spots, R\$112.00 (one hundred and twelve reais) from August 1st until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.2.3 - Traditional Kit: contains Mantle's traditional shirt made of Fastrun fabric, a runner's number (dorsal) chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$176.00 (one hundred and seventy-six reais) and will be available with a discount for those who register in advance and will cost R\$140.00 (one hundred and forty reais) until March 31st, 2018 or 500 spots, R\$150.00 (one hundred and fifty reais) from April 1st to May 31st, 2018 or more than 500 spots, R\$160.00 (one hundred and sixty reais) from June 1st to July 31st, 2018 and R\$176.00 (one hundred and seventy-six reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.2.4 - VIP Kit: contains Mantle's traditional shirt made of Fastrun fabric, a casual shirt made by Mantle in Techrun Pró Mescla fabric, clip button with a runner's number (dorsal), access to VIP area with fruit, exclusive restroom and photos with elite athletes, start of the race with the male elite athletes, exclusive transportation from the finish line until the start of the run (following the rules according to item 37), access to VIP area on arrival with exclusive



restroom, fruits, physiotherapy services, a runner's number (dorsal), chip, personalised plastic bag, gifts from sponsors (if any) and medal for those who complete the event. The official price of the registration is R\$300,00 (three hundred reais) and will be available with a discount for those who register in advance and will cost R\$200,00 (two hundred reais) until March 31st, 2018 or 100 spots, R\$250,00 (two hundred and fifty reais) from April 1st to May 31st, 2018, R\$280,00 (two hundred and eighty reais) from June 1st to July 31st, 2018 or more than 100 spots and R\$300,00 (three hundred reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.3 - For the 17k course:

7.1.3.1 - Promotional price of launch until 31/03/2018 or until the number of spots of each kit is sold out:

- Simple Kit: R\$50,00 with 300 spots
- Traditional Kit: R\$73,00 with 500 spots
- Kit Vip: R\$120,00 with 100 spots

7.1.3.2 - Simple Kit: contains a runner's number (dorsal) chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$80,00 (eighty reais) and will be available with a discount for those who register early and will cost R\$50,00 (fifty reais) until March 31st, 2018 or 300 spots, R\$60,00 (sixty reais) from April 1st to May 31st, 2018 or more 300 spots, R\$70,00 (seventy reais) from June 1st, 2018 until July 31st, 2018 or more 300 spots and R\$80,00 (eighty reais) from August 1st until the end of the registrations. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.3.3 - Traditional Kit: contains Mantle's traditional shirt made of Fastrun fabric, a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official registration price is R\$120,00 (one hundred and twenty reais) and will be available with a discount for those who register early and will cost R\$73,00 (seventy-three reais) until March 31st, 2018 or 500 spots, R\$89,00 (eighty-nine reais) from April 1st to May 31st, 2018 or more than 500 spots, R\$109,00 (one hundred and nine reais) from June 1st to 31st July 2018 and R\$120,00 (one hundred and twenty reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.



7.1.3.4 - VIP Kit: contains Mantle's traditional shirt made of Fastrun fabric, a casual shirt made by Mantle in Techrun Pró Mescla fabric, clip button with a runner's number (dorsal), access to VIP area with fruit in the gathering, exclusive restroom and photos with elite athletes, exclusive transportation from the finish line until the start of the run (following the rules according to item 37), access to VIP area on arrival with exclusive restroom, fruits, a runner's number (dorsal), chip, personalised plastic bag, gifts from sponsors (if any) and medal for those who complete the event. The official registration price is R\$200.00 (two hundred reais) and will be available with a discount for those who register in advance and will cost R\$120.00 (one hundred and twenty reais) until March 31st, 2018 or 100 spots, R\$150.00 (one hundred and fifty reais) from April 1st to May 31st, 2018, R\$ 180.00 (one hundred and eighty reais) from June 1st to July 31st, 2018 or more spots and R\$200.00 (two hundred reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.4 - For the 8k course:

7.1.4.1 - Promotional value of launch until 31/03/2018 or until the number of spots of each kit is sold out:

- Simple Kit: R\$50,00 with 300 spots
- Traditional Kit: R\$73,00 with 500 spots
- Vip Kit: R\$120,00 with 100 spots

7.1.4.2 - Simple Kit: contains a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official price of the registration is R\$80.00 (eighty reais) and will be available with a discount for those who register early and will cost R\$50.00 (fifty reais) until March 31st, 2018 or 300 spots, R\$60.00 (sixty reais) from April 1st to May 31st, 2018 or more 300 spots, R\$70.00 (seventy reais) from June 1st, 2018 until July 31st, 2018 or more 300 spots and R\$80,00 (eighty reais) from August 1st until the end of the registrations. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.4.3 - Traditional Kit: contains Mantle's traditional shirt made of Fastrun fabric, a runner's number (dorsal), chip, personalised plastic bag with sponsors' gifts (if any) and medal for those who complete the race. The official registration price is R\$120.00 (one hundred and twenty reais) and will be available with a discount for those who register early and will cost R\$73,00 (seventy-three reais) until March 31st, 2018 or 500 spots, R\$89,00 (eighty-nine reais) from



April 1st to May 31st, 2018 or more than 500 spots, R\$109.00 (one hundred and nine reais) from June 1st to 31st July 2018 and R\$120.00 (one hundred and twenty reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.1.4.4 - VIP Kit: contains Mantle's traditional shirt made of Fastrun fabric, a casual shirt made by Mantle in Techrun Pró Mescla fabric, clip button with a runner's number (dorsal), access to VIP area with fruit, exclusive restroom and photos with elite athletes, access to VIP area on arrival with exclusive restroom, fruits, a runner's number (dorsal), chip, personalised plastic bag, gifts from sponsors (if any) and medal for those who complete the event. The official registration fee is R\$200.00 (two hundred reais) and will be available with a discount for those who register in advance and will cost R\$120.00 (one hundred and twenty reais) until March 31st, 2018 or 100 spots, R\$150.00 (one hundred and fifty reais) from April 1st to May 31st, 2018, R\$180.00 (one hundred and eighty reais) from June 1st to July 31st, 2018 or more 100 spots and R\$200.00 (two hundred reais) from August 1st, 2018 until the end of the registration. The number of spots can vary to more or less depending on the coordination of the event and at the moment that it seems appropriate.

7.2 - Athletes who are over 60 (sixty) years old are entitled to a 50% (fifty percent) discount on the official registration fee of the Traditional Kit (R\$ 250,00 for the marathon, R\$176,00 for 28k and R\$120,00 for 17k and 8k) or the Simple Kit (R\$150,00 for the Marathon, R\$112,00 for 28k and R\$80,00 for 17k and 8k). If you wish to buy the VIP Kit, it will be the current price (which might have updated/changed).

7.3 - Wheelchair athletes, wheelchair users with guide and people with other disabilities will have the right to the discount of 50% (fifty percent) in the official price in the registration of the Traditional Kit (R\$250,00 for Marathon, R\$176.00 for 28k and R\$120.00 for 17k and 8k), and must prove the condition, when picking up the kit, presenting yourself or, if it is impossible, your representative should present a document proving the identity and disability. If they choose for another type of kit, they will be able to buy with the current price (which might have updated/changed). Wheelchair users are people with physical disabilities who require only the use of a sport wheelchair, and can sign up for the 42k, 28k and 17k course. Guided wheelchair users are people with physical disabilities who use non-sports wheelchairs and need a person to push the chair, and can only register in the 8k course. If people with disabilities opt for the discount they must prove the condition at the time of picking up the kit and participate according to the age group in the chosen course. If we have more than 5 registrations with the same disability, we will open the category in the 17k or 28k or 42k course.

7.4 - Courtesies: To Goal Sports Ventures company, by generosity and/or in compliance with municipal legislation for donors, will offer for this event courtesies for social purposes and/or public services, as well as for partnerships with supporters, sponsors and promotions. The use



of this benefit will be distributed via a code given to the recipient so that they can register directly on the event website, filling in the required data to participate in the event.

7.4.1- The requests for courtesies for social purposes or public services must occur up to 60 days prior the date of the event and the assistance of said courtesies is not mandatory, due to it being a generosity and optional and it also goes through analysis of the organiser to allow spots, and they are limited to the Simple and/or Traditional Kit;

7.4.2- Requests from partner companies, supporters and/or for promotional actions will be evaluated and should be requested up to 90 days prior the date of the event. It is not mandatory to attend, it's optional and limited to the decision of the organiser.

7.4.3 - Elite athletes: female and male elite athletes may request their free participation in the Simple Kit or Traditional Kit for the 42k or 28k course via email to maratonademanas@togoal.com.br writing in the subject ELITE ATHLETE to 42K or ELITE ATHLETE to 28k and you must attach your athlete resumé. In the body of the email you should inform name, CPF, telephone number and e-mail and proof of the minimum time in official examinations (IAAF, AIMS, CBA, and REGIONAL FEDERATIONS), at least 02 (two) in the last 12 months with the following times, in a reference way, in the following tests:

- Marathon: 2h:28min for male and 2h: 56min for female
- Half Marathon: 1h:12min for male and 1h:26min for female
- 18k: 0h:59min for male and 1h:10min for female
- 15k: 0h:50min for male and 0h:59min for female
- 10k: 0h:33min for male and 0h:38min for female

7.4.3.1 - The decision to allow spots and which kit will be offered is exclusive to the organisation and is limited to 20 spots for Elite Men and 10 spots for Elite Women, but the quantity of spots may vary at any moment.

7.4.3.1 - Resumés must be forwarded no later than 15 days prior the event and the organiser does not have to evaluate the requests after this deadline.

7.4.4 - Blood Donors: It will be offered 15 (fifteen) registrations of the Simple Kit of any course for blood donors. To access the spots, the athlete must go to HEMOAM from February 26, 2018 and inform that they want to compete for a spot and for that they should prove (3) consecutive donations for men and 2 (two) consecutive donations for women in a period of 12



months, according to Municipal Law 391/14. The athlete may also donate blood at the time of their registration at HEMOAM to complete the pending donation, if there is any. HEMOAM's management will deliver to the first 15 athletes who comply with the above conditions a code to complete their registration in the website of the event;

7.4.5 - Courtesy requests will not be accepted for athletes who are already registered in the event and there will be no refund of paid registrations if the athlete receives a courtesy or benefit via third parties and is already enrolled in the event regardless of the course previously registered. In case the use of the courtesy for another course happens, it must be requested the cancellation of participation in the previous course under the penalty of being disqualified without refund of amounts paid in advance.

7.5 - At the discretion of the organisation, discounts may be allowed on the price of registrations for teams, advisory services and other categories or by means of promotional fees to the general public.

7.6 - There will be no registration via handwritten form and no payment by cash to third parties or to employees of TO GOAL SPORTS VENTURES GESTÃO ESPORTIVA will be allowed. Only registrations done via the online platform will be valid. The printed payment ticket, without the effective payment, does not guarantee participation in the event.

7.7 The online registration fee is already included in the sale price and guarantees the security and convenience of the transaction performed by the athlete and also the following services: (i) confirmation control and online payment authentication with financial institutions; (ii) information security system, since personal information is stored and encrypted customer credit card information is used; (iii) e-mail confirmation of the enrolment for purchase of the registration (before confirmation of payment); (iv) e-mail confirmation of the sale (or disapproval) of registration after confirmation of payment; (v) bandwidth cost of internet access.

7.8 - The organisation offers an option to choose the size of the shirt, therefore there will be no possibility to change the size if it was chosen wrong at the time of delivery of the kit, as well as offer as courtesies and free gifts with limited quantities, without the obligation of availability of all sizes at the time of the delivery of the kit, in which the athlete is subjected to non-availability of the chosen size according to the order of withdrawal of the kit and the athlete cannot claim impossibility of running in the event in case there is no shirt in a size that suits them. In case there is an error in the size of the shirt from the organisation's part, the athlete has the option to choose the best size available at the moment and then schedule the date for delivery of a new shirt of the correct size.



ADULT SHIRTS SIZE

SIZE	XS	S	M	L	XL	XXL
Measurement A	69	71	73	75	77	79
Measurement B	48	50	52	54	56	58

PAY ATTENTION WHILE CHOOSING THE SIZES (IT WILL NOT BE ALLOWED TO CHANGE IT DURING THE DELIVERY OF THE KITS. IF YOU HAVE CHOSEN THE WRONG SIZE YOU MAY STILL CORRECT IT REQUESTING UP TO THE DAY 09/08/2018 BY THE E-MAIL maratonademanaus@togoal.com.br

8 - When registering, by agreeing to the regulation, by ticking the option presented in the online system, the athlete consents all the terms of the regulation and accepts full responsibility for their participation in the event according to the term of responsibility, an integral part of this regulation.

9 - Registrations will be closed 30 (thirty) days prior to the date scheduled for the race, or even on a date before that one, if the technical limit defined for the race is reached or even later, in case of new spots available, decision that is up to the organisation.

10 - The companies in charge of the organisation may, at any time, suspend or extend deadlines or even increase or limit the number of registrations, according to their needs, technical availability and/or structural concerns without prior notice.

10.1- The technical management of the race holds the right to include in the event invited athletes.

10.2 - Foreign athletes may be invited at the discretion of the organiser.

10.3 - The invited athletes will have their accommodation in a double or triple standard flat and food in a place offered by the organiser with both services covered by said organiser (up to two nights/daily rates). The coaches (and only these, other companions are not accepted) of the invited athletes will also have their accommodation and food costs covered by the EVENT Organisation (up to two nights/daily rates, double standard flat). In case of the coach being the person in charge or a team leader and/or coach of more than one athlete, they are only



allowed to have a single invitation.

11 - Athletes are responsible for the accuracy of the information given in the online system. Athletes accept that email and social networks will be the means of communication used by the organising company to send information and updates about the race.

11.1 - Athlete accept and declare that they are aware of their states of health and athletic ability and have trained properly for the event.

12 - The amount paid for the registration will not be refunded if the athlete notifies the withdrawal of the race after the deadline established in art. 49 of the Code of Consumer Protection - CDC which is up to 07 days after purchase.

13 - Registration in the race is personal and not transferable and no athlete can be replaced by another, in any situation.

13.1 - The athlete who gives away or lets copy specific runner's number (dorsal) to another person will be responsible for any accident or damage that he or she may suffer, freeing from any responsibility the organising company, its sponsors, supporters and public services.

13.2 - In case of proven fraud, mainly in relation to the benefits defined by law (people over 60 years, donors and people disabilities), the athlete will be disqualified from the race and may respond for crime of identity theft to the competent authorities and will be prevented from joining in other races organized by the company. A payment ticket will also be issued in the name of the athlete with the difference to be paid and forwarded by e-mail and will be notified of the fraud, even if the situation was caused naively or unknowingly.

13.3 - In case there is any impossibility of joining the race and the athlete wishes to give their registration away to third parties, they must request in the email maratonademanous@togoal.com.br with the subject CHANGE OF PARTICIPANT and inform the basic data to change: full name, date of birth, CPF and contacts (e-mail and telephone number), so that the changes can be made. The course can not be changed, and in case of any benefit (courtesy, promotional discounts or by law) the difference must be paid in advance by issuing a payment ticket when the change is approved. The deadline for this request is until 08/08/2018.

14 - The minimum age for participating in the event is according to each course, being:

14.1- For Marathon, 42k course, the minimum age is 20 years old completed until 31/12/2018, same criteria used for classification in the age group;



14.2 - For courses of 28k and 17k, the minimum age is 18 years old completed until 31/12/2018, same criterion used for classification in the age group;

14.3 - For the 08k course, the minimum age is 16 years old completed until 31/12/2018, same criteria used for classification in the age group;

14.4 - For the participation of athletes under 18 (eighteen) years old, those responsible must accompany the minors during the event or present authorisation of participation while picking up the kit with notarised signatures and copy of the authenticated RG, since those documents must be kept by the organisation.

CHAPTER III - DELIVERY OF KITS

15 - The kits will be delivered on 06, 07 and 08/09/2018, at the Centro de Convenções do Amazonas Vasco Vasquez from 2:00pm to 8:00pm located at Constantino Nery Avenue, 5001, Flores nearby the Amazon Arena during the Amazonas Running Expo. This information will be available and informed by the organisation by email, on social networks or by telephone: (92) 98804-6725.

16 - The Kit can only be picked up by the registered athlete presenting the official document with photo (RG, CNH, PROFESSIONAL IDENTITY, WORK PORTFOLIO and PASSPORT).

16.1 - Picking up the kits can only be done by third parties if a specific authorisation for this purpose is submitted (handwritten or typed letter authorizing the third party, including the full name and number of the RG and CPF to withdraw the kit, and with the same signature to the official document with photo) with a copy of the person's ID.

16.2 - The organising company does not take responsibility for the withdraw of the kits in cases in which there is a specific authorisation that must be presented through an identification document.

16.3 - Athletes aged 60 years old and/or over and people with disabilities will have an exclusive booth to pick up the kit and to validate the condition for the discount and sign a commitment term in which the athlete accepts not to give away their runner's number (dorsal) and chip to another athlete who does not have the condition to obtain the benefit.

16.4 - It will not be possible to pick up the kit on the day of the event or after the event, and the athlete who did not pick it up on the days and times determined in this regulation, will have the kit collected and designated for social services.

17 - While picking up the kit, the athlete or the authorized third party must check their



information which will be on the envelope label containing the runner's number (dorsal), and in case of an error, the athlete must make a correction with the organisation.

17.1 - The organisation is not responsible for errors in the information filled in the registration and eventual errors of calculation resulting from these.

17.2 - Registration complaints will not be accepted after the kit has been picked up.

17.3 - If the size of the shirt chosen during registration is not available, considering it was not chosen wrong, unless the organisation decides at the moment of delivery of the kit, the organisation will take note of the situation and the athlete will receive a second shirt with a correct size on a date yet to be defined.

CHAPTER IV - INSTRUCTIONS AND RULES FOR THE RACE

18 - The official starting time of the race is at 5:00am on 09/09/2018 and then it will follow the sequence defined in chapter I paragraph 2.

19- Athletes must pay attention to the scheduled time for the start of their races and be present at the place of concentration/gathering at least half an hour in advance, when the final instructions will be announced by the organisers of the event. Athletes must also pay attention to their lanes with pace corresponding to their expectation so that they have a safer start and according to their training.

20 - The athletes are responsible to have prior knowledge of the course chosen (42k, 28k, 17k and 8k) for the race. The course will be available below and in social networks.

21 - The participation of the athlete in the race is strictly individual and assistance of others is prohibited, as well as the use of any technological resources without the prior written consent of the organisers.

21.1 - Only athletes who are not suspended or who are not serving any type of penalty/impediment imposed by Confederations or Federations are allowed to participate in the event.

21.2 - It is forbidden the assistance of third parties, such as having cyclists helping or some type of hydration in motion except in the sites of supply offered by the organisation. The use of any technological resource without prior written authorisation of the organisation is also forbidden.

22 - We recommend athletes the use of sneakers/trainers/sports shoes to run through the



course. We are not responsible for possible accidents to athletes who are running barefoot.

23 - The use of the specific runner's number (dorsal) is required, it must be visibly worn on the chest without erasure or alterations. The chip must also be worn carefully, without making it difficult to visualize or interfere with the timing system throughout the race or the athlete might be disqualified if they do not meet this requirement.

23.1 - UNAUTHORIZED USE OF THE RUNNER'S NUMBER (DORSAL) AND CHIP are personal and non-transferable and their care, maintenance and handling is responsibility of the athlete so it cannot be exchanged, loaned or any other form of trade (including also the possibility of participation with two or more chips, belonging to other participants), with another participant of the event for any reason whatsoever. The improper use of the number, even if it was negligence and naivety, will lead to the disqualification of those involved and subsequent communication to the local Athletics Federation and also to the CBAAt so that they are able to do what is necessary. After the determination of what happened, this could lead to the temporary suspension of participation in official events with approval of these two entities, punishment for the team and coach involved and even a definitive suspension may happen, in case of proven persistence in the crime.

23.2 - Runner's number (dorsal) has 02 passwords to be used by the athlete in two ways: to use the locker service and on arrival to participate in possible promotions and raffles.

24 - In the case of disqualification of the first candidates the ones with best time will be called, successively.

25 - The athlete must pay attention to the course, not being allowed any assistance means to achieve any type of advantage. Likewise, it will not be allowed to access the areas of the event using roads that are not signed as the right way and it is forbidden to jump gates/fences/trestles that delimit these areas to enter the track at any time of the race or the use of shortcuts. If these rules are broken it will result in the athlete being disqualified.

25.1 - In order to avoid accidents, animals on the courses are expressly prohibited.

25.2 - The athlete who acts in a way that prevents or interferes in the progression of other runners during the race will be subject to disqualification.

26 - Anti-doping exams may be performed for athletes who are part of in the event at the Organisation's decision according to the Rule 07 by CBAAt Street Racing.

26.1 - For the anti-doping test, samples will be collected among the athletes of the 42k course.



This decision is up to the athletes and to the OCD (Anti-Doping Control Officer), accredited and under the responsibility of ABCD - (Brazilian Agency for Doping Control) with support from the Technical Delegate (CBAt) and by arbitrators accredited by CBAT or FEDEAM. The athletes chosen for the exam will have their prizes retained by the organisation until the official result of the tests is announced. For award-winning athletes and those not included in the anti-doping tests, the prize will be deposited in the winner's bank account. In case of any disqualification among those chosen for the exams, the organisation will reclassify and complete the award immediately after CBAt's authorisation. Those who have tested positive for the anti-doping test will lose their right to the award and will be removed from the classification.

27 - The athlete must immediately give up from the race if determined by a member of the official medical team appointed by the Organising Committee, and by other members of the coordinator/staff in case of exceeding the scheduled time (Pace Charter of each course according to paragraph 4), even in parts of the course in order to preserve the safety of other participants and interdiction of the space destined for the race.

27.1 When invited to withdraw from the competition, the athlete must get on the buses provided by the organisation that will take them to the starting line when this service is available.

28 - The classification of the run will be done through Electronic Time System, via chip, and the chip is part of the kit delivered to the athlete.

28.1 - The time of all runners participating in the race will be timed and informed later, provided they comply with the rules set in this regulation.

28.2 - The use of the chip is mandatory in the course of the whole race, if not, it's possible the athlete who does not fulfil this requirement may be disqualified.

28.3 - The athlete who does not pick up their chip on the date and time determined will be prevented from joining in the competition.

28.4 - The chip should be attached to the shoelaces of the left sneaker in the vertical position. Positioning the chip is a responsibility of the athlete, as well as the consequences of not using it or using it improperly. Incorrect placement may interfere and endanger the classification and there will be no subsequent appeal in case of disqualification or problems capturing signal. The improper use of the chip by the athlete may result in unsuccessful marking of the time, which frees the Organising Committee from responsibility for the consequent non-disclosure of the result. If in doubt, get help from someone in the organisation.



COURSES

29 - The concentration/gathering will take place in Dom Pedro II Square and its surroundings, and the start of the will be at the intersection of Governador Vitório Street (extension of Luiz Antony Street) with 07 de Setembro avenue - City Center, and the finish line of each route will be: 08k in the same place of the starting line; 17k will be at the beginning of Jornalista Flaviano Limongi street (Arena da Amazônia) accessed by Loris Cordovil Street; 28k and 42k in Coronel Teixeira avenue in front of the amphitheater of Ponta Negra Park.

29.1 - The distances to be raced will be along the main course of the 42k and will head to the following streets: Start at the intersection of Governador Vitório Street with 07 de Setembro avenue then towards Tamandaré street until Eduardo Ribeiro. Then go up Eduardo Ribeiro Street until 10 de Julho Street, go down to Getulio Vargas Avenue and then go to the right and access 07 de Setembro avenue in the right hand and go around the Polícia Square accessing José Paranaguá Street and then Leovegildo Coelho Street until Barés street turning right and continue until the Adolfo Lisboa Market, going around to access Manaus Moderna avenue and follow it until Lourenço da Silva Braga Avenue to Jefferson Peres Square and go up Jonathas Pedrosa street, turn left on 07 de Setembro avenue until Joaquim Nabuco street, going up on the right hand to Ramos Ferreira and continue to Saudade Square. In this place, 8k course athletes follow to Luiz Antony street accessing on the right hand and continue until reaching the starting/finish line. The other athletes should turn right in Epaminondas avenue and then turn right accessing Leonardo Malcher avenue and continue until Emílio Moreira Street and then access on the left hand along the road until they are able to cross Alvaro Mayan avenue (Boulevard), go up on the left hand to access Maceió Street on the right and continue until you reach Terezina street on the right and then continue to Umberto Calderaro avenue (Paraíba) on the left and go down along the road until access to the Mindu Walk via Prof. Samuel Benchimol street and then access to Darcy Vargas avenue on the right, go up until it's possible to access to Djalma Batista avenue and then access on the left hand to Pedro Teixeira avenue until Constantino Nery avenue. Then, turn right until the access to go around and head to Loris Cordovil Street. For the 17k course, the athletes should go up Loris Cordovil Street then turn left in the Jornalista Flaviano Limongi street in front of the Arena da Amazônia until the finish/arrival area. The other athletes follow Loris Cordovil street until they reach Samba avenue on the left and continue until Pedro Teixeira Avenue. Turn right and follow along the road until Coronel Teixeira avenue, turn right and follow along the road to the roundabout with Turismo avenue. At this point, the 28k course athletes will continue straight ahead to the next roundabout, go around and access the finish line in front of the Ponta Negra Amphitheater. The 42k course athletes will turn right into the Turismo avenue and follow along the road until the intersection with Santos Dumont avenue where they will have to make a U-turn and continue to Coronel Teixeira avenue and turn right and follow to the roundabout,



access the right hand to the return station and continue to the roundabout again and access the finishing/arrival line in front of the Ponta Negra Amphitheater.

OBS: The digital format of the courses can be accessed via the Relieve app on social networks @togoalsports and/or facebook.com/togoalsports and keep up with Strava at the link:

https://www.strava.com/activities/1360980081/shareable_images/map_based?hl=en&v=1516155365

29.2 - There will be identification throughout the course with supplies stations, cones, gates, trestles and members of the organising team guiding. There will also be signs informing the milage and direction, as well as control points of passage and electronic check with mats.

CHAPTER V - THE AWARD

30 - All athletes who cross the finish line legally, who are regularly registered and who followed this regulation precisely will receive participation medals and edible medals (fruits and other edible products from sponsors, if applicable, such as cereal bars, chocolates, juices etc.) and gifts after the race (if there are sponsors interested).

30.1 - Medals and post-race gifts (if any) will not be given to people who, even if registered, have not participated in the race.

30.2 - Prizes are not cumulative.

30.3 - All athletes who have their names called for AWARDS should go immediately to the delivery area to receive their prizes.

30.4 - The official result of the event will be published on the event's website and informed on social networks so everyone can access.

30.5 - The official result of the event for the 1st to 5th places MALE and FEMALE from GENERAL RANKING depends on the official announcement by the CBA or other competent authority of the anti-doping exam or any other restriction to be met by the organisation.

30.6 - The Organisation holds the right to include any other type of AWARD that will be published on the event's website and social networks.

30.7 - Trophies or other prizes will not be sent after the event for the athletes/team that are not present at the moment of delivery of the items.



30.8 - In case there is an award that is cash, it will be deposited in the current account or savings account of the athlete that was informed to the organisation through the Payment Request Document that the athlete will receive via e-mail containing all the procedures and deadlines for the effective payment.

30.9 - For AWARDS in trophies or differentiated medals, they will be delivered to the athlete ONLY on the day of the EVENT.

30.10 - The AWARD values presented refer to the total of the payment to be made by the Organiser, with each winning athlete are responsible for the taxes, charges, documentation and transfer.

30.11 - The first 03 (three) finishers in the GENERAL RANKING MALE and FEMALE of the courses 08k and 17k will receive a different medal and trophy.

30.12 - The first 3 (three) finishers MALE and FEMALE in the GENERAL RANKING of the 28k course will receive a cash prize in the following amounts: R\$500.00 (five hundred reais) for first place, R\$300,00 (three hundred reais) for the second place, R\$200,00 (two hundred reais) for the third place, and also a medal and a trophy, according to its position. The other categories will receive different trophies and medals for the first 03 (three) finishers in both MALE and FEMALE.

30.13 - The first 05 (five) finishers MALE and FEMALE in the 42k course GENERAL RANKING will receive cash prizes in the following amounts: R\$6,000.00 (six thousand reais) for the first place, R\$4,000.00 (four thousand reais) for the second place, R\$2,500.00 (two thousand and five hundred reais) for the third place, R\$1,500.00 (one hundred and five hundred reais) for the fourth place, R\$1,000.00 (one thousand reais) for the fifth placed and different medals and trophies, according to its ranking.

30.13.1 - CASH AWARD BY AGE GROUP FOR THE 42K RACE: The first 03 (three) finishes MALE and FEMALE in the age group described in item 3.1 will receive cash prizes in the following amounts: R\$500.00 (five hundred reais) for the first place, R\$300,00 (three hundred reais) for the second place and R\$200,00 (two hundred reais) for the third place, and also a medal and trophy, according to its ranking.

30.13.2 - The age group prize of item 30.12.1 will not be delivered on the day of the event. It will only be sent after verification of the accuracy of the results of all the participants classified in the three (03) first finishers of each category, being used for both the following procedures:



use of the images (photos and filming) of all arrivals; confirmation of going through the checkpoints positioned along the courses; judgment of all the appeals and complaints sent or made directly to the organisation; verified disqualifications; verified results of the anti-doping tests made by the candidates in the first places in the general classification of the race. The trophies and/or prizes will be sent later via a transport company and mail to the address provided by the winner or they/someone authorized by them may be pick it up at the organisation's office. The period of validity for claiming the prize is 06 (six) months from the date of the event of the current year. After this period of time, the organisation of the race does not give away cash prizes anymore.

30.14 - Bonuses (best local athlete, bonus for coaches, etc) may be offered and they will be informed via the event's website and social networks and are directly associated to the performance of the registrations and/or acceptance of invitations from elite athletes and sponsorships.

30.15 - Awards for Athletes with disabilities and Wheelchair users for the 42k course: There will be a prize for the first 03 (three) finishers with different trophy and medals, male and female, if there is a minimum of 05 athletes registered, the cash prize is R\$300.00 (three hundred reais) for the first place, R\$200.00 (two hundred reais) for the second place and R\$100.00 (one hundred reais) for the third place in the case there are 10 athletes or more registered in the corresponding category.

30.16 - The teams with the largest number of participants in the event will receive trophies of first and second finishers and the team with the largest number of participants in the Marathon (42k course) will receive a trophy of "Highest Number of Participants" in the 42k course;

30.17 - The prize is a courtesy of the organiser of the event being subjected to alteration or cancellation without notice, which will only occur in case of an extreme situation or force majeure.

30.18 - If it is not possible to receive the prize (trophy and medal) during the publication of the official result will occur in the loss of the prize, which will be donated to charity events.

30.19 - Athletes of the 8k and 17k courses should move to the award area in Ponta Negra to receive their trophies and medals. The winners are responsible for their displacement to the award area. There might be available space on the event bus that will move from the starting line to Ponta Negra, however this support is only for the athletes who won the 8k and 17k podium.

CHAPTER VI - THE PHYSICAL CONDITIONS OF THE ATHLETES AND SUPPORT



SERVICES

31 - All athletes should be up to date with a rigorous medical evaluation to carry out the race, being aware about their health and physical fitness to participate in the race.

31.1 - The Organisers will not be responsible for the physical health of the athletes.

32 - The athlete is responsible for the decision to participate in the race, considering their physical condition, performance and judging by themselves whether continue or not to throughout the competition.

32.1 - The Organising Committee may, under recommendation of the medical team responsible for the race determine that the athlete should stop or does not participate in the race.

33 - The Organisers have no responsibility for the medical care of athletes, medical expenses in cases of hospitalization or injuries generated by participation in the race. An ICU ambulance service will be available for emergency assistance to the athletes and for the relocation to the public hospitals.

34 - The athlete or their companion may decide to relocate or transfer to private health care hospitals exempting the organising company from any responsibility or reimbursement for expenses resulted from the health care provider.

34.1 - When registering, the athlete certifies that they have healthy physical conditions to carry out the chosen course.

34.2 - The athletes registered in the race will have medical assistance at the start, throughout the course and arrival at the event and insurance against accidents.

34.3 - The athletes officially registered in the event for any course will be covered by an insurance for serious accidents, valid only for the day of the race. The insurance starts from the moment that the race begins until the athlete arrives at the finishing line according to their chosen course. It should be noted that:

34.3.1 - This insurance does not cover pre-existing illnesses/injuries.

34.3.2 - If the information in the registration form was not correctly filled in, this will result in a waiver of the right to use the insurance.



34.3.3 - If the athlete has to be hospitalized, the expenses will be on the athlete's concern and the athlete or/and their companion/responsible person may choose any hospital of their choice.

34.3.4 - The request for reimbursement of medical and hospital expenses up to the limit of the amount covered in the insurance policy follows the rules and policy of the insurance company and will have all the guidance and support from the organising company.

35 - Hydration stations with fresh water every 3 km approximately, 01 at the starting line, and 01 at the arrival of each race will be available throughout the courses. Also in the races, 07 hydration stations with isotonic for the marathon and 03 for the 28k course and 01 on arrival.

35.1 - In the Marathon course there will be showers and sponges available in the roundtrip section of the Turismo avenue.

36 - Athletes will be offered a tent/structure identified as a storage area/locker only in the area of concentration/gathering/start/finish on the 8k course and buses with lockers for the 17k, 28k and 42k courses.

36.1 - With the kit, a custom bag will be given to be used in the locker. It should be taken to the starting line if you wish to use the service. When arriving in the starting area, place your belongings in the bag and go to the service buses, looking for the window with the number corresponding to yours to make the deposit. This action will facilitate the speed of the service. The bags deposited will be transported to the arrival area, where they can be picked up with the presentation of the runner's number (dorsal) when the athletes arrive.

36.1 - The athlete is advised not to leave any valuables in the lockers since the Organising Committee cannot control and take responsibility for items that the participant opts for leaving there.

36.2 - The Organising Committee will not be responsible for the contents of the bags delivered nor for the loss of materials or damages to them that the athletes may suffer during the participation on the event.

36.3 - The lockers will be deactivated 30 minutes after the end of the race and each athlete must collect their bags before the deadline.

37- The organisation will offer the transportation service, from the finishing to the starting line. Whoever chooses for the VIP Kit will have the benefit of the transportation and will receive an individual official ticket which will give access to the transport for the start of their race (42k, 28k and 17k) which will be done by the official transportation of the race. This transportation



service will have some rules for access and use: only the athletes who are carrying the official ticket of the race, as well as their runner's number (dorsal) and chip number will be offered with the kit. The athlete is not obliged to use this service, being able to choose the transport that best suits them, the expenses of other services are the athlete's responsibility though. During registration, the participant must answer the question if they are interested in transportation so that the Organisation can offer enough numbers of vehicles and provide access to the ticket of the transport. The athlete who does not purchase the Vip Kit and wishes to use the official transport of the race has present the access ticket, runner's number (dorsal) and chip number and make a payment for the transportation at the time of boarding the bus.

37.1 - The organisation is not responsible for transportation, accommodation and food for any athlete up until the place of the race.

37.2 - The times and places for the service described above will be informed via social networks and the website of the event until August 15th, 2018.

CHAPTER VII - IMAGE RIGHTS AND COPYRIGHT

38 - The athlete who registers and consequently participates in the race is unconditionally accepting and agreeing to have their image and voice distributed through photos, films, radio, newspapers, magazines, internet, videos and television, or any other media for advertising, publicity or promotional purposes related to the race without resulting in any fault to the companies and/or partners responsible for media coverage of the race, letting go of the reception of any income that may be earned with such rights at any time/date.

39 - All athletes, staffs, organisers give at the time of their registration all rights to use their image and voice to the organising company and/or its partners responsible for media coverage of the race.

40 - Filming, television broadcasting, pictures or videos related to the race are reserved to the organisers.

CHAPTER VIII - SUSPENSION, POSTPONEMENT AND CANCELLATION OF THE SPORTS EVENT

41 - The Organising Committee, for the safety of the athletes, may determine the suspension of the race, whether or not initiated due to public safety, vandalism and/or reasons of force majeure. If the race is suspended, for any of these reasons, it will be considered fulfilled and there will be no new date for the race.



41.1 - The athletes are aware that they must accept at the time of registration all risks and damages of the possible suspension of the race (whether initiated or not) due to public safety, vandalism and/or force majeure reasons and the organising company will not be held accountable for this.

41.2 - In the event of suspension of the race event, there will be no refund of the registration fee.

42 - The race may be postponed or cancelled at the discretion of the organising company and this decision will be communicated to the participants by email, social networks and at the official race registration website.

CHAPTER IX - GENERAL SUPPLIES

43 - The safety of the race will receive support from the competent services and there will be signs for the guidance of the athletes.

44 - There will be no reimbursement by the organisers, as well as their sponsors and supporters, of any corresponding value or damage to the equipment and/or accessories used by the athletes in the event, regardless of the reason, nor for any loss of materials or damage that the athletes or third parties may suffer during the race participation. The costs of transportation, accommodation, food, insurance or any other expenses necessary or resulting from the athlete's participation in the race, before, during and after will be exclusively responsibility of the athlete.

45 - The organisers, at their discretion or according to the needs of the race, may change or revoke this regulation, completely or in part, informing the changes through the official website of the race.

46 - The questions or omissions in these Regulation will be settled by the company and/or the race organising committee in a sovereign manner, without recourse/appeal to these decisions.

47 - The organisation of the event holds the right to request, at any time, the documentation of the athlete for purposes of proving their age.

48 - Chemical toilets and lockers will be used at the place of the starting/finishing line of the event as support and comfort offered by the organisation of the event. The organisation recommends that no valuable objects are brought to the race and that such structures are used in a civilised, mindful manner and people are aware that said services are available to all participants.



49 - The organisation is sovereign and will decide on cases not covered by this regulation and appeals, that must be submitted in writing within 20 minutes after the disclosure of the result.

50 - During the awards podium, the athletes may only disclose their sponsors through their clothing (eg. cap, t-shirt, shorts, pants, sneakers, coats, all in common models). The use of posters and banners among others for the promotion of sponsors on the podium is prohibited. Manifestations of this nature are only allowed with the prior authorisation of the organisation. If the athlete does not comply with this item, it will result in disqualification of the athlete, as well as the return of the prize received. The use of flags of cities, states and country, according to the specific legislation will be allowed.

51 - The Organising Committee holds the right to include in the event athletes or specially invited teams.

CHAPTER X - FOR SPORTS ADVISORS

52 - Interested consultants who wish to use their own space at the event area should contact the Organising Committee, which will define the space to be occupied and the schedules previously defined for assembly and disassembly of the structures.

53 - The responsibility for the advertising or display of brands in tents that are not part of the Arena Map is uniquely and exclusively to the advisors, coaches, companies or racing clubs, exempting the Organisation from any responsibility.

54 - People who interest in requesting authorisation for setting up tents may not use a sound system that interferes with the event and may not exceed the limits of the areas designated by the Organisation.

55 - The organisation of the event is in charge of the registration of the people interested in the monitored area. Within this area, there may be no conflicting publicity with event sponsors, sale of products, services and display of political material.

CHAPTER XI - SAFETY RECOMMENDATIONS

Throughout the course of the race, the athlete should be attentive to the flow of athletes and signs of the local staff. Due to loss of attention with the landscape or other distractions, the athlete should avoid running too close to the limits of the sides of the course, which can cause them to trip on the curb, or objects of safety and delimitation. The athlete must follow the path determined by the organisation, staying within the limits put on by the gates/trestles/grids and signs placed throughout the course, thus avoiding accidents in contact with vehicles, outside



these limits.

57- It is important that the athlete during the race tries to throw the cups and other items in the garbage containers, or near the curb. Avoid throwing objects on sidewalks, gardens, or where other participants will run. This action can cause serious accidents to other participants, and is also harmful to the environment and the city.

58. The athlete should avoid excessive hydration. This can also harm their performance during the race and cause serious problems and damage to health. For athletes who for some reason cannot continue the race after the starting line, a bus will be available to take them to the finishing point. This bus will keep up with the last athletes who are participating, with a slow pace that is allowed, until the finishing line of the race, in the time limit of conclusion.

59- We recommend rigorous prior medical evaluation and that an ergonometric test has been carried out for all participants.

60- The athletes must be aware of their state of health and their needs to consult a doctor before the race, evaluate their real conditions of participation and have trained properly, taking up their expenses of transportation, accommodation and food, insurance and any other expenses necessary before, during or resulting from their participation in the race.

Term of Responsibility

I, "identified in the registration of the inscription", in the perfect use of my mental faculties, DECLARE, for the due purposes of law, that:

1. I have read, known, accepted and submitted fully to ALL THAT IS ESTABLISHED BY THE ARTICLES OF THE RACE REGULATION.

2. I am in complete physical and psychological condition to compete in this COMPETITION, and there is no medical recommendation against my participation.

3. I assume, on my own free will, all risks involved and their consequences for participation in this COMPETITION (including possibility of disability and death), exempting its organisers, employees and sponsors FROM ANY AND ALL RESPONSIBILITY for any material, moral or physical damages that I may suffer as a result of opting to participate.

4. I will not carry or use in the event venues, courses and delivery of kits, or in any other area of visibility of the event, advertising, promotional or political materials without the proper written authorisation of the organisers; and also, any material or object that endangers the safety of participants and/or people present at the event.



5. I have understood and agreed to ALL THE ITEMS OF THIS TERMS OF RESPONSIBILITY, thereby exempting anyone from any and all legal liability for anything that may occur to me as a result of my participation in this COMPETITION.